

HOT WEATHER WARNING

For matches played on August 13th 2022

As you are aware, there is an amber weather warning for extreme heat over the weekend. As a club you have a duty of care to your players, particularly younger ones to ensure they stay safe. Captains should discuss procedure with the umpires before the match however the LMC recommends the following;

1. There should be a minimum of 2 drinks breaks in each innings. If practical, drinks should be taken off the pitch in a shaded or sheltered area and the break can last up to 5 minutes to provide some respite and allow reapplication of sun cream etc.
2. Batters can request a drink to be brought on between overs. A minimum of time should be lost to this. Bowlers can request drinks to be brought to the side of the pitch to be taken after bowling.
3. Any player showing signs of heat exhaustion such as dizziness, headaches, muscle cramps or nausea, must leave the pitch immediately and retire to a sheltered area and take on fluids.
4. The home team should have water or drinks available throughout the innings however please encourage all players to bring plentiful supplies of fluids, preferably electrolyte based.
5. The home club is strongly encouraged to provide as much additional shelter from the sun as possible e.g. gazebos, parasols etc. They should be particularly aware of the need for scorers to have shade.

For this week only, all in game penalties for slow over rates will be suspended. Umpires however will have the remit to report to the LMC teams which they believe, even taking account of the conditions, have been slow, and penalties could be imposed retrospectively. This will be entirely at the umpires' discretion but they will be advised to give teams at least one warning that they need to speed up.

We are in the business end of the season and many teams will have something to play for, however the safety of all participants is of paramount importance and must take precedence over all other considerations.

Please make sure that this information is passed to captains and check that it is understood. With a little common sense and some preparation, it should be possible for everyone to enjoy their cricket and remain safe whilst doing so.